



Raising and supporting children with special needs

What you need to know now

Raising a child is one of the hardest but most loving, joy filled jobs a person can have in their life. And having a child with special needs doesn't change that wonderful experience, but it can include unexpected obstacles.

Access to pediatric specialists particularly for children with special needs is limited. According to the CDC, 1 in 5 children have a mental, emotional, or behavioral disorder. Yet only about [20% of these children receive the care they need from a specialized provider](#). This absence of care is due to a number of factors such as limited resources in their geographical area, long waitlists to receive care, and costs involved with seeing a specialized provider.

Maven's Parenting and Pediatrics program helps address these gaps and provide expert support for children with special needs. Maven members have unlimited free access to all of the below resources 24/7, so they can receive care and speak with experts on their own schedule:

01



A designated Care Advocate who is invested in your family's well-being. Your Care Advocate can help you find in-network in-person care, make referrals and recommendations, navigate your benefits, and help you understand your health bills.

02



Access to specialized providers including:

- Parenting coaches
- Speech pathologists
- Special education advocates
- Pediatric mental health specialists
- Psychiatric nurse practitioners
- Occupational therapists
- Care consultants

03



A supportive community of other parents that are going through similar experiences

04



Educational resources such as tailored content and guides

05



Provider-led classes on topics such as pediatric mental health or how to help your kids regulate their emotions