Coverage for: Individual/Individual + Family | Plan Type: OAP



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go online at <u>www.cigna.com/sp</u>. For general

definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call 1-800-Cigna24 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For <u>in-network providers</u> : \$1,600/individual - employee only or \$3,200/family maximum For <u>out-of-network providers</u> : \$3,200/individual - employee only or \$6,400/family maximum Combined medical/behavioral and pharmacy <u>deductible</u> <u>Deductible</u> per individual applies when the employee is the only individual covered under the <u>plan</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network preventive care & immunizations.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>in-network providers</u> : \$3,200/individual - employee only or \$6,400/family maximum (no more than \$3,200 per individual - within a family) For <u>out-of-network providers</u> : \$10,000/individual - employee only or \$20,000/family maximum (no more than \$10,000 per individual - within a family) Combined medical/behavioral and pharmacy <u>out-of-pocket limit</u>	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain <u>pre-authorization</u> for services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.cigna.com</u> or call 1-800-Cigna24 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network</u> <u>provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common		What Y	ou Will Pay	 Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Primary care visit to treat an injury or illness	20% coinsurance/visit	50% coinsurance	None
	Specialist visit	20% coinsurance/visit	50% coinsurance	None
If you visit a health care provider's office or clinic	Preventive care/ screening/ immunization	No charge <u>Deductible</u> does not apply	50% <u>coinsurance</u>	You may have to pay for services tha aren't preventive. Ask your <u>provider</u> i the services needed are preventive. Then check what your <u>plan</u> will pay for.
Kuau hava a taat	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	None
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	None
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at	Generic drugs (Tier 1)	Retail: 20% coinsurance Mail: 20% coinsurance (deductible waived for preventive medications)	50% coinsurance	Coverage is limited up to a 30-day supply (retail) and 90-day supply (retail or home delivery) for maintenance medications

C a manual m	Common What You Will Pay		Limitations Europetions 9 Other	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
www.caremark.com	Preferred brand drugs (Tier 2)	Retail: 20% coinsurance Mail: 20% coinsurance (deductible waived for preventive medications)	50% coinsurance	
	Non-preferred brand drugs (Tier 3)	Retail: 20% coinsurance Mail: 20% coinsurance (deductible waived for preventive medications)	50% coinsurance	
	Specialty drugs (Tier 4)	Same as non-specialty	Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	None
surgery	Physician/surgeon fees	20% <u>coinsurance</u>	50% coinsurance	None
If you need immediate medical attention	Emergency room care	20% coinsurance	20% coinsurance	Out-of-network services are paid at the in-network cost share and <u>deductible</u> .
	Emergency medical transportation	20% <u>coinsurance</u>	20% coinsurance	Out-of-network air ambulance services are paid at the in-network cost share and <u>deductible</u> .
	Urgent care	20% coinsurance	20% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	50% penalty for no out-of-network precertification.
n you have a hospital stay	Physician/surgeon fees	20% coinsurance	50% coinsurance	50% penalty for no out-of-network precertification.
lf you need mental health, behavioral health, or	Outpatient services	20% <u>coinsurance</u> /office visit 20% <u>coinsurance</u> /all other services	20% <u>coinsurance</u> /office visit 50% <u>coinsurance</u> /all other services	50% penalty if no precert of out-of- network non-routine services (i.e., partial hospitalization, etc.).
substance abuse services	Inpatient services	20% coinsurance	50% coinsurance	50% penalty for no out-of-network precertification.
If you are pregnant	Office visits	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Primary Care or <u>Specialist</u> benefit levels apply for initial visit to confirm

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	20% coinsurance	50% coinsurance	pregnancy. Cost sharing does not apply for
	Childbirth/delivery facility services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	preventive services. Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Coverage is limited to 200 days annual max. 16 hour maximum per day (The limit is not applicable to mental health and substance use disorder conditions.)
	Rehabilitation services	20% <u>coinsurance</u> /visit	50% <u>coinsurance</u> /visit	None
If you need help recovering or have other special health needs	Habilitation services	20% <u>coinsurance</u> /visit	50% <u>coinsurance</u> /visit	Services are covered when <u>Medically</u> <u>Necessary</u> to treat a mental health condition (e.g. autism) or a congenital abnormality.
	Skilled nursing care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	50% penalty for no out-of-network precertification. Coverage is limited to 120 days annual max for Skilled Nursing, Sub- Acute Facility and 120 days annual max for Rehabilitation Hospital.
	Durable medical equipment	20% coinsurance	50% <u>coinsurance</u>	None
	Hospice services	20% <u>coinsurance</u> /inpatient services 20% <u>coinsurance</u> /outpatient services	50% <u>coinsurance</u> /inpatient services 50% <u>coinsurance</u> /outpatient services	50% penalty for failure to precertify out-of-network inpatient <u>hospice</u> <u>services</u> .
	Children's eye exam	Not covered	Not covered	None
If your child needs dental	Children's glasses	Not covered	Not covered	None
or eye care	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Cosmetic surgery	Long-term care	Routine eye care (Adult)	
Dental care (Adult)	Non-emergency care when traveling outside the	Routine foot care	
Dental care (Children)	U.S.	Weight loss programs	
Eye care (Children)	 Private-duty nursing 		
Other Covered Services (Limitations may apply to the service of th	hese services. This isn't a complete list. Please see your	plan document.)	
Acupuncture Beristria Surgery (in petwork enhy)	Chiropractic care	 Infertility treatment (Lifetime max \$20,000) 	
Bariatric Surgery (in-network only)	Hearing aids		

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact: California Department of Managed Health Care Help Center at (888) 466-2219.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-244-6224. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-800-244-6224.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal car hospital delivery)	e and a
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,600 20% 20% 20%
This EXAMPLE event includes service <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Service:	

Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
Deductibles	\$1,600	
<u>Copayments</u>	\$0	
Coinsurance	\$1,600	
What isn't covered		
Limits or exclusions	\$30	
The total Peg would pay is	\$3,230	

Managing Joe's type 2 Dial (a year of routine in-network care o controlled condition)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,60 20% 20% 20%
This EXAMPLE event includes service Primary care physician office visits (inc	

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost \$5,600

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$1,140	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$4,300	
The total Joe would pay is	\$5,440	

Mia's Simple Fracture(in-network emergency room visit and follow up
care)The plan's overall deductible\$1,600Specialist coinsurance20%Hospital (facility) coinsurance20%Other coinsurance20%

This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

Total Example Cost \$2,800

In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,600	
<u>Copayments</u>	\$0	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$10	
The total Mia would pay is	\$1,810	

The plan would be responsible for the other costs of these EXAMPLE covered services.

Plan Name: HDHPQ OAP Plan - Workday, Inc. Smart Plan w/HSA HDHPQ Ben Ver: 29 Plan ID: 17025846

DISCRIMINATION IS AGAINST THE LAW

Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna

Nondiscrimination Complaint Coordinator PO Box 188016 Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201 1.800.368.1019, 800.537.7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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Proficiency of Language Assistance Services

English - ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish - ATENCION: Hay servicios de asistencia de idiomas, sin cargo, a su disposici6n. Si es un cliente actual de Cigna, llame al numero que figura en el reverso de su tarjeta de identificaci6n. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese - *i*. *±* (I"JiIJ1.?,1 t!Ef3'ii 1bbM.filU%[™]M-Cigna '8JJI. F • *g*)'*Hi*,*Q:i![1 '8* ID -t- im'8 u!/fJiJI. _p f,Q:i![1.800.244.6224 <**IffI** : M711) •

Vietnamese - XIN LLYU Y Ouy vj OLfQ'C cap djch v1,1trq giup v ngon ngfr mi n phi Danh cho khach hang hien tai cua Cigna, vui long goi so **a** m t sauthe Hoi vien. Cac trLPang hqp khac xin goi so 1.800.244.6224 (TTY: Quay so 711)

Korean -£1: $\bigcirc j$ A -§-of<u>A</u>I q., '2:!0J:J::I<u>A1I::IIA§</u> '9-E.£ OI-§-of <u>qq</u>, ×HCigna 7f :J::f'aJJI<u>IA1</u> ID ::'fC \bigcirc JI 2.f .2..£ <2:!!--BH AI.2..71Ef <u>q=q.on</u> 1.800.244.6224 (TTY: qo1 <u>711)</u> \oplus £ EI-5H AI.2..

Tagalog - PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. 0 kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian - BHVIMAHI!IE: BaMMoryr npep,ocraB1,1Tb 6ecnnaTHble ycnyr11 nepeBOAa. Ecm,1Bbl y>Ke y4acrByere B nnaHe Cigna, no3BOHI1Te no HOMepy, yKa3aHHOMy Ha o6paTHOHcropoHe BaweH11AeHTI1(pl1Kal.\110HHOHKapT04KI1y4aCTHI1Ka nnaHa. Ec1111Bbl He f!Bm:1erecb y4aCTHI1KOM OAHOro 113 Haw11x nnaHOB, no3BOHI1Te no HOMepy 1.800.244.6224 (TTY 711).

Cigna , - -...i:...;;,,,; 1 JII ..::\.o.,lai..,.:,11*ol.;,.y,-* Arabic '-.-' • -..'o.,lai..,.:,11*ol.;,.y,-* Arabic (711..,... *i*:TTY) 1.800.244.6224 **French Creole** - ATANSYON: Gen sevis ed nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki deye kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French - ATTENTION: Des services d'aide linguistique vous sont proposes gratuitement. Si vous etes un client actuel de Cigna, veuillez appeler le numero indique au verso de votre carte d'identite. Sinon, veuillez appeler le numero 1.800.244.6224 (ATS: composez le numero 711).

Portuguese - ATENCAO: Tern ao seu dispor servicos de assistencia linguistica, totalmente gratuitos. Para clientes Cigna atuais, ligue para o numero que se encontra no verso do seu cartao de identificacao. Caso contrario, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish - UWAGA: w celu skorzystania z dost pnej, bezplatnej pomocy j zykowej, obecni klienci firmy Cigna mogc1 dzwonic pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 5i :<u>B*gg g! :tl-9 .ffl{ O) gg :ji-ij--t:</u>'.'A cflJ ffll,\tctclt*90!J!.ttO)CignaO)cB I;J:, ID1J- r'iriffiO)mg!Wf-ls-*"('\sm g!1;::z;:·i!i! <tc I, $_{0}$ -fO)ft!30)J'51;J:,1.800.244.6224 (TTY: 711) *c-,smg!1;::zci!i! <tc I, $_{0}$

Italian - ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare ii numero sul retro della tessera di identificazione. In caso contrario, chiamare ii numero 1.800.244.6224 (utenti TTY: chiamare ii numero 711).

German - ACHTUNG: Die Leistungen der SprachunterstOtzung stehen Ihnen kostenlos zur VerfOgung. Wenn Sie gegenwartiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der ROckseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wahlen Sie 711).